



## Hysteroscopy Procedure Pre-Procedure Instructions

You are scheduled for hysteroscopy procedure on \_\_\_\_\_.

Please arrive at the clinic at \_\_\_\_\_am/pm.

Please eat a **light** breakfast or lunch before you come to the office on the day of your procedure. You will feel better if you have had something to eat before you come.

You are required to take a urine pregnancy test at the office before the procedure, so plan to arrive with a full bladder.

You will receive a prescription for a medication called Valium. Please pick up the medication from your pharmacy and bring it with you to your appointment. You will take one pill (5mg) when you arrive at the clinic. Because of this medication you will need to have someone drive you to and from your appointment.

You can expect to receive an injection of an anti-inflammatory medication called Toradol prior to the start of the procedure. This medication will help with any discomfort.

You will be able to go right home after the procedure is completed. As soon as the medication has worn off you can return to your normal activities for the day. You can use Ibuprofen as needed once you are home for any discomfort.

If you have any questions please feel free to contact the office at (608)729-6300.