



## What to expect after a LEEP procedure

Most women are discharged from our clinic within an hour of the procedure. These instructions provide you with general information on caring for yourself. Your doctor may also give you additional or specific instructions.

### Discomfort and normal findings after the procedure:

- You may have cramps (similar to menstrual cramps) for a few days.
- You may have bloody discharge or light bleeding for 2 to 4 weeks.
- You may have a black (or coffee grounds appearing) vaginal discharge. This is from the paste that was applied to the cervix to control bleeding.

### Home Care Instructions:

- Do not use tampons, douche, or have sexual intercourse for 4 weeks, or as directed by your caregiver.
- Begin normal activities if you have no or minimal cramping or bleeding, unless directed otherwise by your caregiver.
- Take your temperature if you feel sick. Write down your temperature and tell your caregiver if you have a fever (temperature greater than 100.4 degrees).
- Take all medications as directed by your caregiver.
- Keep all your follow-up appointments and Pap tests as directed by your caregiver.

### Seek Immediate Medical Care If:

- You have bleeding that is heavier or longer than a normal menstrual cycle.
- You have bleeding that is bright red.
- You have blood clots (larger than quarter-size).
- You have a fever (temperature greater than 100.4 degrees).
- You have increasing cramps or pain that is not relieved by medicine.
- You develop abdominal pain that does not seem to be related to the same area of earlier cramping and pain.
- You are lightheaded, unusually weak or faint.
- You develop painful or bloody urination.
- You develop bad smelling vaginal discharge.

**Madison Women's Health – (608)729-6300**