

Hysteroscopy Procedure Pre-Procedure Instructions

You are scheduled for hysteroscopy procedure on _____.

Please arrive at the clinic at _____am/pm.

Please eat a **light** breakfast or lunch before you come to the office on the day of your procedure. You will feel better if you have had something to eat before you come.

You are required to take a urine pregnancy test at the office before the procedure, so plan to arrive with a full bladder.

You can expect to receive an injection of an anti-inflammatory medication called Toradol prior to the start of the procedure. This medication will help with any discomfort.

You will be able to go right home after the procedure is completed. As soon as the medication has worn off you can return to your normal activities for the day. You can use Ibuprofen as needed once you are home for any discomfort.

If you have any questions please feel free to contact the office at (608)729-6300.