



## What to Expect after a Colposcopy

*Colposcopy*, a magnified examination of the cervix, was done today. Small tissue samples may have been taken for further examination. We will contact you with your test results as soon as they become available. The test results will also determine what follow up will be needed.

These instructions provide you with general information on caring for yourself. Your health care provider may also give you additional or specific instructions.

Discomfort and normal findings after the procedure:

- You may have mild cramps (similar to menstrual cramps) for a day or two.
- You may have a small amount of dark or bright red spotting for one to two days. This may last for up to one week.
- You may have a clumpy brown or black vaginal discharge. This is from a paste that may have been applied to the cervix to control bleeding.

Home Care Instructions:

- Do not use tampons, douche, or have sexual intercourse for 2 to 3 days, or as directed by your caregiver.
- Resume your normal activities, unless directed otherwise by your caregiver.
- Take your temperature if you feel sick. Write down your temperature and tell your caregiver if you have a fever (temperature greater than 100.4 degrees).
- Take all medications as directed by your caregiver.
- Keep all your follow-up appointments and Pap tests as directed by your caregiver.

Call Your Health Care Provider If:

- You have bleeding that is heavier or longer than a normal menstrual cycle.
- You have blood clots (larger than quarter-size).
- You have a fever (temperature greater than 100.4 degrees).
- You have increasing cramps or pain that is not relieved by medicine.
- You are lightheaded, unusually weak or faint.
- You develop bad smelling vaginal discharge.
- You have questions or concerns

Our clinic phone number is 608.729.6300